Spiritual Journeys

Whether we have a million frequent flier miles, or can barely get out of the house, we are all on a spiritual journey, from the day we come into this world, until the day we leave it to go home. However, our awareness and intentionality about the journey: that is another matter.

In the car, we can be sitting in the passenger seat, eyes glued to a screen, and though driving through amazing territory, miss it all. For that matter, it is possible to miss almost as much in the driver’s seat, if our mind is wandering or we are focusing exclusively on the road, without taking in the vista. Spiritual mentors in every spiritual tradition speak of the importance of mindfulness. Attention. Being fully present to the present, not stuck in the past or constantly trying to live in the future. Let me share a favorite quote, to wrap up the analogy. A faithful parishioner in Penn Yan, who, by the way, came to a spiritual awakening later in life, was dying of cancer. During a visit in the last week of his life, he described the experience of his journey with cancer: “It’s like sitting in the driver seat, but your hands aren’t on the wheel.” Indeed. And he had trust, it was God whose hands were on the wheel, but he needed to be as alert as if he were the driver.

Next week, three women who have been mindful of the journey will be sharing with us during our annual tri-parish (St. Catherine’s, St. Louis and Transfiguration) retreat. Here at St. Louis this Monday evening, Damian Zynda will be speaking with us about Conversion Moments in the journey, inviting us to reflect on our own. On Tuesday evening at St Catherine of Siena (Mendon) Sr. Karen Dietz will be sharing how we acquire Spiritual Wisdom through the journey. Wrapping up on Wednesday evening, Alice Miller Nation will be speaking about Family and Spirituality.

Each evening will include Evening Prayer or, here at St. Louis, Compline, beautiful forms of sung prayer within the treasure of the church. Psalms have helped guide our Jewish brothers and sisters for millennia, and are an essential part of our Christian tradition as well. The psalmists poured out their hearts to the Lord. They can often give words to us when we have no words. We also are praying prayers that Jesus himself prayed.

Our tri-parish retreat is also a good time to reconnect with neighbors, meet a few new folks, and experience what a gift church fellowship can be. Don’t miss out! There is a very good chance this year we will not have to cancel either evening for a blizzard, God willing, so please do make this a part of your Lenten journey this year.

Blessings to you and those you love, Fr. Bob
## Mass Intentions for This Week

### MONDAY - MARCH 5
- **2 Kgs 5:1-15b/Lk 4:24-30**
- **11:00 am** Eileen Wilmot - Family
- **5:15 pm** Joseph Varkey - Malik Family

### TUESDAY - MARCH 6
- **Dt 3:25, 34-43/Mt 18:21-35**
  - **6:45 am** People of the Parish
  - **11:00 am** Martin E. Schmeling - Edna Flanagan & Family

### WEDNESDAY - MARCH 7
- **Dt 4:1, 5-9/Mt 5:17-19**
  - **10:30 am** Mass at the Highlands Living Center for Residents & Staff
  - **11:00 am** Paul Lapp - Peg & Dave Halligan
  - **5:15 pm** Margaret Cooper - Pittsford American Legion

### THURSDAY - MARCH 8
- **Jer 7:23-28/Lk 11:14-23**
  - **6:45 am** Those in Hospice
  - **11:00 am** Stephen Shults - Aunt Mary

### FRIDAY - MARCH 9
- **Hos 14:2-10/Mk 12:28-34**
  - **11:00 am** Angela Tomczak - Tomczak & Catalanello Families
  - **5:15 pm** Lillian Jabbour - A Friend

### SATURDAY - MARCH 10
- **Hos 6:1-6/Lk 18:9-14**
  - **9:00 am** Bernard Gorman - Paul & Nancy Gorman
  - **4:30 pm** Lillian Jabbour - Bill & Michele Quinn

### SUNDAY - MARCH 11
- **2 Chr 36:14-16, 19-23/Eph 2:4-10/Jn 3:14-21**
  - **7:30 am** Andrew Eilertsen - Family
  - **9:00 am** Nelly & Patrick O’Connor - Sons & Grandchildren and Frank Riedman - Norma Riedman
  - **11:15 am** Donna Rose - Janet & Ed Walsh
  - **5:00 pm** Frank & Mark Reichenbach - Family

### SPECIAL INTENTIONS THIS WEEK:
We invite you to have a Sanctuary Lamp lit at the Blessed Sacrament to have your very special intentions remembered for a week.

To reserve a candle, please call or visit the Ministry Center.

One Lamp will burn for William Licalfi by Maureen & Gary Killeen
One Lamp will burn for Betty Butler by Carolyn Caschetta

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### Requiem Aeternam

John Schwan

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### Saturday & Sunday, March 10 & 11

<table>
<thead>
<tr>
<th>Time</th>
<th>Altar Servers</th>
<th>Extraordinary Ministers of The Eucharist</th>
<th>Lector</th>
<th>Sacristan/LA</th>
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**Sunday Communion Service - March 11**
- The Highlands - Mary Ann Monley
- Heather Heights - Jim Haefner
Eschatological Housekeeping
Malachi and Zechariah both spoke about the purification of the Temple when the Messiah comes. Thus Jesus cleansing the Temple near the beginning of his ministry in John’s Gospel is a symbolic action establishing that the Messiah has come. John packs other things in our Gospel today as well. Quoting psalm 69 ‘Zeal for your house will consume me’, he changes the tense, and surely the application: from the psalmist’s present tense, John uses the future. Jesus’ zeal, and the hostility of the Temple religious leaders will ultimately consume him, as they call for his death. Another feature in John’s Gospel: Jesus speaking on two levels, and the crowd misunderstanding. Jesus starts in today’s passage referring to the physical temple in Jerusalem, but goes on to speak of his body as the true temple. The facts on the ground: the temple where they were standing was destroyed. Jesus’ body was raised in three days.

Weakness and strength
Last week we began the Mass singing ‘You, Lord, Are Both Lamb and Shepherd’, the text named ‘Christus Paradox’. In today’s second reading, St. Paul speaks to the Christians in Corinth about one of the great paradoxes of our faith: The foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength. If we truly believe that, how would it impact our actions and decisions each day?
We Give

**Our Offering of Time & Treasure**

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**Online Collection**

| Month-to-Date | 61,038.08 |

**This Week’s Tithing Will Support Bethany House**

**Next Week’s Tithing**

**Rochester Area Interfaith Hospitality Network (RAIHN)**

Rochester Area Interfaith Hospitality Network (RAIHN) an affiliate of Family Promise, is a not-for-profit, interfaith, culturally-competent organization that assists homeless families to achieve sustainable independence by supporting them with tailored services including shelter, food, personalized case management, and a diverse network of caring volunteers. Rochester is the 2nd pooretest city in the United States with more than 600 homeless individuals each night in Rochester and its suburbs, including 100 families with children.

The St. Louis faith community has been a supporting congregation since RAIHN’S inception more than a decade ago. The mission of RAIHN Homeless Ministry is to help families get back on their feet into a stable home and job. Parishioner Ann-Marie DeSantis coordinates the RAIHN Homeless Ministry for St. Louis with the help of about 20 dedicated volunteers. Our hosting location is the Mary Magdeline House in East Rochester, where we provide private and public space for families, safe overnight accommodations, home-cooked meals, and gracious hospitality for up to 15 families a week at a time, 3 times a year.

**RAIHN has numerous volunteer opportunities** ranging from greeting guests at a host location, cook or provide part of a meal, plan a children’s activity, shop for breakfast food and supplies, inflate/deflate air mattresses, drive the RAIHN van (no special license needed), maintenance, fundraising, guest mentor, office staff and much more! If you can share some of your time, please call our St. Louis RAIHN coordinator, parishioner Ann-Marie DeSantis at 406-6013 or email amdesantis@frontiernet.net. Information about RAIHN (and upcoming events) can be found at www.raihn.org.

**Good Friday American Red Cross Blood Drive**

**Sponsored by St. Louis Parish**

**March 30, 9:00 AM - 3:00 PM Reddington Hall Gym**

Please call 1-800-RED CROSS to schedule an appointment. Please bring identification with you when you come to donate.

**Give the gift of life! Give blood!**

**Celebrate St. Patrick’s Day**

**March 17, after the 4:30 pm Sat. Mass**

**Bistro**

**Menu:**

Corned Beef & Cabbage

**RSVP by Tuesday, March 13 to Sue or Shannon at 586-5675**

**BYOB**
### Lent 2018

**DATE** | **TIME** | **LOCATION** | **EVENT**
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March 5 | 7:00 pm | St. Louis | Tri-Parish Lenten Retreat / Damian Zynda (pg 7)
March 6 | 7:00 pm | St. Catherine’s | Tri-Parish Lenten Retreat / Sr. Karen Dietz (pg 7)
March 7 | 7:00 pm | Transfiguration | Tri-Parish Lenten Retreat / Alice Miller Nation (pg 7)
March 9 | 7:00 pm | Church | Penitential Prayer Service of Reflection (pg 3)
March 10 | 8:00 am | Aquinas | Diocese of Rochester Women’s Conference (pg 4)
March 14 | 12:30 - 7:30 pm | Church | Day of Penance & God’s Mercy (No 5:15 pm Mass) (pg 4)
March 16 | 7:00 pm | Church | Lenten Friday - Taize Prayer
March 17/18 | 7:00 pm | Church | Food Collection for St. Andrew’s Food Cupboard
March 23 | 1:30 & 7:00 pm | Church | St. Louis School Stations of the Cross - open to all!
March 29 | 7:30 pm | Church | Holy Thursday Mass of the Lord’s Supper
March 30 | 9:00 am - 3:00 pm | Gym | Annual Good Friday Blood Drive
March 30 | 3:00 pm | Church | Good Friday Solemn Liturgy of the Lord’s Passion
March 30 | 7:30 pm | Church | Good Friday Tenebrae Evening Prayer Service
March 31 | 8:00 pm | Church | Easter Vigil Mass
April 1 | 7:30 pm | Church | Easter Sunday Masses: 7:00, 9:00, & 11:15 am, 1:00 pm

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**FORMED®**

**THE CATHOLIC FAITH. ON DEMAND.**

**Plug into FORMED.org for relevant Lenten resources.**

**Prayer: Finding Intimacy with God** captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love.

The Augustine Institute presents a beautiful meditation on the **Stations of the Cross** by **Saint Alphonsus Liguori**, narrated by Dr. Christopher Blum. This prayerful reflection is accompanied by the Schola Cantorum of Our Lady of Mount Carmel Church, Littleton, CO, chanting the traditional Catholic hymn *Stabat Mater*.

In **The Healing Power of Confession**, Dr. Scott Hahn presents the historical and biblical origins of the Sacrament of Penance. He provides an important guide for new Catholics, a source of renewal for "old hands," and a challenge to all of us to deepen our relationship with Christ by frequenting the Sacrament of Penance.

To register for these FREE resources, go to FORMED.org and use the parish code: **KMFHWV**

Contact Kathryn McAlarney for help or more suggestions. **Kathryn.McAlarney@dor.org, 586-5675, ext. 224**
We are excited to announce this year’s theme:

**LEGO and Let God!**

**Monday, June 25 –**

**Thursday, June 28**

**What is Vacation Bible School?**

VBS is a four-day program for children who have **completed** grades K-4 by June 2018. Filled with crafts, songs, activities, and lessons about God, Vacation Bible School gives children a creative and fun way to connect to faith!

**How do I sign my child up?**

You may register online through the parish website: [StLouisChurch.org](http://StLouisChurch.org) **($50 charge per child)**

Registration closes **May 14th or earlier** if we reach our 100-slot maximum. REGISTER NOW!!!

Registration open to St. Louis Church & School Families.
Spiritual Journeys

2018 Tri-Parish Retreat

March 5th, 6th, & 7th

7 pm - 8:30 pm

St. Louis
64 S. Main St.
Pittsford, NY

St. Catherine of Siena
26 Mendon-Ionia Rd.
Mendon, NY

Church of the Transfiguration
50 W. Bloomfield Rd.
Pittsford, NY

March 5th
St. Louis
Damian Zynda
Conversion Moments

March 6th
St. Catherine of Siena
Sr. Karen Dietz
Spiritual Wisdom

March 7th
Church of the Transfiguration
Alice Miller Nation
Family & Spirituality
Pastoral Care Opportunities?
Love grows the more it is given. God gives each of us unique gifts and charisms that can manifest as talents and passions. Please consider sharing some love through your gifts and passions with St. Louis parishioners enduring a desert experience:

1. Bring Communion to and pray with parishioners who are temporarily hospitalized.
2. Bring Communion to and pray or visit with parishioners in residential facilities or private homes who cannot attend Masses.
3. Lead Communion Services on Sunday mornings or Wednesday afternoons at residential facilities.
4. Join the Telephone Ministry to help shut-in parishioners remain connected.
5. Write out cards of encouragement to grieving or sick parishioners.
6. Deliver parish gifts or cards to shut-ins before Christmas or Easter.
7. Join the parish prayer network.
8. Help with funeral masses.
9. Help with monthly Bistro events.
10. Help with the Sunshine Luncheon on Thursday, May 17th.

Please contact the Ministry Center at (585) 586-5675 if you can contribute some of your time and talent.

Help Support St. Louis Girl Scouts
This year our 4th & 5th grade Junior Girl Scouts are working on a year long community service project to earn their "Journey" badge. We have teamed up with the Rochester Chapter of the world-wide organization "Dress A Girl Around the World" to create handmade dresses and dolls. These items will be distributed locally and internationally to girls in need who have never owned a nice dress or toy. Girls seen in new, brightly colored dresses are considered well cared for by their families and are less likely to fall victim to kidnapping and human trafficking. We are collecting the following items to create dolls and dresses:

* Packs of buttons, beads, elastics or other embellishments to be sewn onto dresses
* Fabric at least one yard in length
* New/Like New dresses infant to size 14
* Gift Cards to Joanne Fabric or Walmart (to purchase fabric)
* Undies
* Parents/friends/family members interested in sewing dresses or handcrafting dolls

Donations bin is located in the school lobby or you can direct items or questions to:
Leader: Kristine Flannery (4L), 585 703 8630, booboobush@aol.com
or Leader: Melanie Sala (4T), 720 233 7183, melanie.a.sala@gmail.com

St. Louis 4th and 5th graders make cloth dolls to be placed in front pockets of donated dresses to girls in need.
St. Louis Knights of Columbus Council Easter Lily Sale

This weekend, March 3rd and 4th
At all church entrances
Before and after all Masses
Order an Easter Lily for $9.00

You can also purchase or order the beautiful Commemorative Book for the Diocese of Rochester’s 150th Anniversary.

Pick up your Easter Lily after all Masses on Saturday, March 24 and Sunday, March 25

You can also order an Easter Lily and raise the spirits of a person in the Monroe County Meals on Wheels program, to be delivered by a member of the St. Louis Knights of Columbus Council.

Proceeds from the sale are for the benefit of vocations in the Rochester area.

150 YEARS of Faith, Hope and Charity

To commemorate the 150th Anniversary of the diocese, the diocese commissioned a beautifully illustrated book that features every parish, school, agency and religious order. Hard cover, 324 pages, full color throughout, it is a great compendium of the Diocese of Rochester. Multiple pictures from each parish will spark memories. There is also a brief history of each.

From our Bishop:

"In this history celebrating the Sesquicentennial of our beloved diocese, this unity, this love of Christ Jesus, this desire to serve Jesus as true disciples, comes alive on every page, from the year of our founding until now, through the work of our devoted priests, deacons, religious and lay faithful and through the dedication of our parishes, agencies and schools. As we move forward in faith to the next 150 years, let us ask the Holy Spirit to continue to guide us and to bless us."

The Most Rev. Salvatore Matano, Bishop of Rochester

Discover the history of the Diocese of Rochester in this richly illustrated book.

Description: hard cover - glossy paper - 324 pages format: 9.45” x 12.40” - full color throughout
PARISH STAFF DIRECTORY

PARISH OFFICES - Ministry Center
64 S. Main Street, 14534
(585) 586-5675; Fax 387-9888

MINISTRY CENTER SUMMER HOURS ARE:
MONDAY - FRIDAY, 8:30 AM - 4:30 PM

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