Deeply Moved

Our Gospel this weekend is perfect to wrap up a brief exploration into the Sacrament of the Sick. Witness the deep compassion Jesus had for the leper who approached him. He has that same compassion today for us when we are ill. In the Gospel, Jesus had compassion for the physical suffering, compassion in response to the leper’s isolation for the community. These things move him today as they did then. Jesus stretched out his hand to touch the man. Healing resulted, and the healed leper was restored to the community. Such is one fruit of the Sacrament of the Sick.

This weekend those affected by serious illness can be anointed during Mass. Some may prefer to be anointed after the Mass; one can also always request anointing before or after Mass, or at any other time. Sometimes scheduling a brief time of prayer with family at home, or in the hospital works. Even when it is just the priest and one being anointed, the priest brings the love of Jesus and the community.

As a song expressed moving truth last week, I share here one that can capture a feeling for the Sacrament. Often sung by Mario Lanza, it unfortunately seems to have disappeared with him.

Guardian angels around my bed, joining me in my prayers.
They hush the shadows when they dance about, they shoo away the bears.
Guardian angels to comfort me, if I wake in the night.
They gather all my dreams, their halos are my light
They dry my tears, if I should weep
They tuck me in, they rouse me from my sleep.
Guardian angels around my bed, standing by till I rise.
There’s one with shining wings that holds my hand
And shows me Paradise

In the Sacrament of the Sick, Jesus joins us in our prayers. His presence has the power to ease our fears, hush the shadows, comfort us. He gathers our dreams, shines the light of love into the darkness. He weeps with us and dries our tears, he offers to be with us always, waking or sleeping. The last line is particularly rich. Jesus can lift us to rise by healing our illness. Jesus can lift us to rise into the resurrection. In either case, there is healing as he holds our hand. (another fine song for a Christian appreciation of illness, life and death: Precious Lord, take my hand.

As disciples, we too join those who are ill in their prayers, do our best, with the Lord, to provide comfort, presence and peace. The healing ministry of Christ is one in which we all have a role. Peace to you, and especially to our sisters and brothers who are ill, Fr. Bob.
Mass Intentions for This Week

MONDAY - FEBRUARY 12
Jas 1:1-11/ Mk 8:11-13
11:00 am Mary Ann Dyjak - Family
5:15 pm Friends & Family in Hospice Care

TUESDAY - FEBRUARY 13
Jas 1:12-18/ Mk 8:14-21
6:45 am Robert Manz - Lucille Newell
9:45 am Mass at Heather Heights for the People of the Parish
11:00 am Mary Ann Dyjak - Family

ASH WEDNESDAY - FEBRUARY 14
Jl 2:12-18/2 Cor 5:20--6:2/ Mt 6:1-6, 6-18
6:45 am Anthony J. Costello - Family
9:10 am St. Louis School Prayer Service
11:00 am Pro Populo
2:30 pm Mass at Highlands for the Residents and Staff
5:15 pm John McAlarney - Kathryn McAlarney
7:00 pm Margaret Mawn - 9:00 am Ushers

THURSDAY - FEBRUARY 15
Dt 30:15-20/ Lk 9:22-25
6:45 am Persecuted Christians
11:00 am Ted Schmidt - Family

FRIDAY - FEBRUARY 16
Is 58:1-9a/ Mt 9:14-15
11:00 am Marcella Schaarschmidt - Jim & Linda McCauley
5:15 pm Rita Dermody - Jeff & Alice Dmochowski

SATURDAY - FEBRUARY 17
Is 58:9b-14/ Lk 5:27-32
9:00 am Caroline Harber - Nancy & Wayne Harber
4:30 pm Lu Ann Perham (Anniversary) - Perham Family

SUNDAY - FEBRUARY 18
Gn 9:8-15/ 1 Pt 3:18-22/Mk 1:12-15
7:30 am Armand & Rejane Langevin - Family
9:00 am Philip & Catherine DiPasquale - Children
11:15 am William Mateer - Linda Serbu
5:00 pm Sue Meloni - McCann Family

SPECIAL INTENTIONS THIS WEEK:
We invite you to have a Sanctuary Lamp lit at the Blessed Sacrament to have your very special intentions remembered for a week.

To reserve a candle, please call or visit the Ministry Center.

Three Lamps will burn In Memory of Orlando Iati by Wife, Lorraine Iati & Daughters, Janice, Sandy & Carolyn

Requiem Aeternam
Deacon Thomas H. Beck

Saturday & Sunday, February 17 & 18

<table>
<thead>
<tr>
<th>Altar Servers</th>
<th>Extraordinary Ministers of The Eucharist</th>
<th>Lector</th>
<th>Sacristan/ LA</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 pm</td>
<td>R. Gerace, P. Gerace, D. Huver, P. Kessler, K. MacIaren, M. Mench, M. Quinn</td>
<td>M. Conking J. Milazzo</td>
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</tr>
<tr>
<td>9:00 am</td>
<td>A. Daniele, B. Bullis, K. May, M. Foggetti, E. Ramos, Co. Thomas, Ca. Thomas</td>
<td>D. Cadiaro B. Lanahan</td>
<td></td>
</tr>
<tr>
<td>11:15 am</td>
<td>L. Aldred, C. Carpenter, C. DeJoy, A. DiLiberto, B. Kammholz, K. Kammholz, D. McKeown, L. Magguilli, J. Walsh</td>
<td>E. Baker V. Gauvin L. Magguilli</td>
<td></td>
</tr>
</tbody>
</table>

Sunday Communion Service - February 18
The Highlands - Fred & Marie Lapple    Heather Heights - Mary Ann Monley
Don’t Touch Me!
The laws regarding things ‘clean’ and ‘unclean’ in Leviticus are very technical and complex. Even scholars haven’t found a simple principle to explain every law. What we do know: the book of Leviticus is concerned with the Temple, holiness, and orderliness. Some things are holy, others profane. Some are pure, some impure. Some ‘clean’, some ‘unclean’. Why would a person with a skin disease, a corpse, even a moldy wall be defined as unclean? What is your first reaction to touching an oozing sore, a corpse, or mold? That may be a clue. Though not obvious, often some connection to death is in the picture. Whatever the case, tragically, as the countless fine distinctions were codified into law, one painful result was the isolation of lepers that we see in our first reading.

We may not have such complex public laws regulating “clean” and “unclean”, but that doesn’t mean we are free of internal attitudes and prejudices which can lead to some of God’s children being isolated. Jesus confronted the idea of isolating those suffering during his earthly ministry, and he leads the church to, at its best, do the same today. Do we fear those we don’t understand, and that don’t fit in ‘our’ world? Do we avoid those who are different? What about the current discussions on immigration, and who we should welcome, and who should remain ‘outside the camp’? How does Jesus allowing the leper to approach him challenge us?

A Fine General Principle
The detailed question Paul addresses in chapter 10 of 1 Corinthians: should Christians participate in the banquets held in pagan temples, or not? His answer, no. Of course idols are not real Gods. So what difference does it make? Just as sharing in one bread and one cup makes the Christian community one, so sharing in a pagan banquet would incorporate one into the community of those who worship idols. What about a dinner invitation from a non-Christian, who may have bought meat sacrificed to an idol in the market and brought it home? A different story. But the operating principle – just because something is OK for you, use that freedom if your choice troubles the other’s conscience. Is there any practical application of Paul’s operating principle today? If at dinner with someone who had just barely gotten into recovery from a drinking problem, would Paul order a drink before dinner? What do you think?

Too Good to Hold In
Mark can cover so much in so few words! The leper in today’s Gospel is so convinced of Jesus’ power that he risks kneeling before him, rather than warning Jesus to stay away. Jesus reaches out to touch the man with leprosy, not fearing becoming unclean himself. We see Jesus’ compassion, and healing power. After the healing, Jesus asks the man to follow the law with regard to returning to the community (show yourself to the priest). The impact of being healed by Jesus shines through, and reveals the breaking in of God’s kingdom. This healed man can’t hold in the joy. It’s the joy of the Gospel!

SUNDAY COFFEE HOUR
It is really a pleasure to see people having a cup of coffee, talking together, welcoming new people who come over. We are looking for a few more hosts, and this may be just the way you can become more involved. There is coffee hour today following the 9:00 am Mass. Please feel free to speak with this weekend’s hosts and let them know if you would be willing to assist periodically. Even scheduling has become easier with “Sign Up Genius” where hosts can choose the dates they are available. Thank you, and do stop over after Mass. For more information, contact Paulette Foggetti at pfoggetti@rochester.rr.com or Sally Schrecker at Sally.Schrecker@dor.org.

Oops! Paulette’s email address had a typo previously. It has been corrected!
**Our Offering of Time & Treasure**

<table>
<thead>
<tr>
<th>January</th>
<th>Collection</th>
<th>Attendance</th>
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<tbody>
<tr>
<td>7</td>
<td>$21,727.00</td>
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<td>14</td>
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<td>21</td>
<td>$13,511.33</td>
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<tr>
<td>28</td>
<td>$13,145.00</td>
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<tr>
<td>On-line Collection</td>
<td>$26,528.30</td>
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<tr>
<td>Month-to-Date</td>
<td>$90,766.63</td>
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<table>
<thead>
<tr>
<th>February</th>
<th>Collection</th>
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<tr>
<td>4</td>
<td>14,273.50</td>
<td>1,255</td>
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<td>11</td>
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<td>18</td>
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<td>On-line Collection</td>
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<tr>
<td>Month-to-Date</td>
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Did you miss our State of the Parish Financial Report on our website? To see it, you can visit stlouischurch.org/state-parish or you can pick up a copy in the Narthex!

**Dear Fr. Bob and Parishioners of St. Louis,**

Thank you for your outstanding contribution to the Pittsford Food Cupboard. We are so grateful for the financial and food donations. Your generosity contributed to feeding over 8,000 people this past year. Our clients shop two times per month; therefore, our needs are great. Food donations are 60% of our food source and St. Louis has been a major contributor to our resources, which allows us to continue feeding hope...one family at a time. Many blessings to you all,

Suzy Ward, Executive Director

**THIS WEEK’S TITHING WILL SUPPORT CATHOLIC CHARITIES USA FOR PUERTO RICO DISASTER RELIEF**

**NEXT WEEK’S TITHING**

**SR. REGIS FOOD CUPBOARD**

The Sister Regis Food Cupboard was named for Sister Regis Straughn who started the food cupboard in 1965 at Our Lady of Mount Carmel on Woodward Street in Rochester. Several years ago the pantry, serving the Northeast neighborhood of Rochester for over 55 years, moved to its current location on Bay Street in the same building as Matthew’s Closet.

- The pantry serves approximately 963 households in a month. Many who come are receiving public assistance for the first time. Eligible clients can visit the Food Cupboard once a month on a walk-in-basis. Prospective clients must bring criteria such as identification cards for each family member, financial income information, etc., for proof of eligibility. The cupboard is open Monday & Tuesday from 12-3pm and Thursday from 12-2 pm.
- Mercy Sister Julia Norton is the director of the Sister Regis Food Cupboard, and she very much appreciates our help to meet the needs of those experiencing tough times in Rochester. Thank you for your continued generosity and prayers for the clients and volunteers of the food cupboard.

To learn more of many volunteer opportunities such as stocking the shelves, or taking care of the clients, cleaning and doing the necessary business and secretarial work, contact Sister Julia at (585) 454-6766.

**ENCOUNTER LENT**

Join our faith community—and nearly 14,000 Catholic communities across the United States—in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family’s CRS Rice Bowl at church beginning Ash Wednesday. During the 40 days of Lent, as companions on the journey, we will encounter our neighbor.

**Public Policy Weekend**

Today we joined with the United States Catholic Bishops and parishioners across our Diocese to advocate for passage of The Dream Act. Thank you for caring about these young people who were brought here as children and long for the opportunity of legal residence and a pathway to citizenship. Thank you for signing the petition provided by the Diocese of Rochester Public Policy Committee. We will send these to our member of the U.S. House of Representatives and Senators Schumer and Gillibrand.
**Living Stations of the Cross**

On Friday March 2, at 7 PM, members of the youth group of Blessed Trinity Parish in Tioga County will present the Living Stations of the Cross **here at St. Louis**. This program is a long-standing tradition of St. Margaret Mary Church. These live meditations on the Stations of the Cross greatly impact audiences by getting them to see Christ in a very real way. The Living Stations cast is comprised of youth from grades 7 – 12 from all of the parish churches of Blessed Trinity Parish and is coordinated by St. Margaret Mary youth ministers. All are welcome to attend this program. More information and a link to a slideshow of a past presentation may be found at www.stlouischurch.org.

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### Lent 2018

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 11,18,25</td>
<td>10:00 - 11:00 am</td>
<td>Manse Library</td>
<td>“Lent Can Change Your Life” (see article below)</td>
</tr>
<tr>
<td>Feb 14</td>
<td>See pg 1</td>
<td>Church</td>
<td>Ash Wednesday - Masses/distribution of ashes</td>
</tr>
<tr>
<td>Feb 17/18</td>
<td>Church</td>
<td>Food Collection for Sr. Regis Food Cupboard</td>
<td></td>
</tr>
<tr>
<td>See pg 9</td>
<td>See pg 9</td>
<td>PMH</td>
<td>“Praying the Rosary” Book Study</td>
</tr>
<tr>
<td>Feb 23</td>
<td>Church</td>
<td>Extra Confession Times: 12:30 - 2:30 pm, 6:00 - 7:30 pm</td>
<td></td>
</tr>
<tr>
<td>Feb 27</td>
<td>7:00 pm</td>
<td>PMH</td>
<td>“Fruit of the Vine” / Fr. George Heyman</td>
</tr>
<tr>
<td>March 2</td>
<td>11:30 am-4:00 pm</td>
<td>Church</td>
<td>First Friday - Lenten Eucharistic Adoration</td>
</tr>
<tr>
<td>March 2</td>
<td>7:00 pm</td>
<td>Church</td>
<td>Living Stations of the Cross (see article below)</td>
</tr>
<tr>
<td>March 5</td>
<td>7:00 pm</td>
<td>St. Louis</td>
<td>Tri-Parish Lenten Retreat / Damian Zynda</td>
</tr>
<tr>
<td>March 6</td>
<td>7:00 pm</td>
<td>St. Catherine’s</td>
<td>Tri-Parish Lenten Retreat / Karen Dietz</td>
</tr>
<tr>
<td>March 7</td>
<td>7:00 pm</td>
<td>Transfiguration</td>
<td>Tri-Parish Lenten Retreat / Alice Miller Nation</td>
</tr>
<tr>
<td>March 9</td>
<td>7:00 pm</td>
<td>Church</td>
<td>Penitential Service of Reflection to Prepare for Penance</td>
</tr>
<tr>
<td>March 10</td>
<td>8:00 am</td>
<td>Aquinas</td>
<td>Diocese of Rochester Women’s Conference</td>
</tr>
<tr>
<td>March 14</td>
<td>12:30 - 7:30 pm</td>
<td>Church</td>
<td>Day of Penance &amp; God’s Mercy (No 5:15 pm Mass)</td>
</tr>
<tr>
<td>March 16</td>
<td>7:00 pm</td>
<td>Church</td>
<td>Lenten Friday - Taize Prayer</td>
</tr>
<tr>
<td>Mar 17/18</td>
<td>Church</td>
<td></td>
<td>Food Collection for St. Andrew’s Food Cupboard</td>
</tr>
<tr>
<td>March 23</td>
<td>1:30 &amp; 7:00 pm</td>
<td>Church</td>
<td>St. Louis School Stations of the Cross - open to all!</td>
</tr>
<tr>
<td>March 29</td>
<td>7:30 pm</td>
<td>Church</td>
<td>Holy Thursday Mass of the Lord’s Supper</td>
</tr>
<tr>
<td>March 30</td>
<td>3:00 pm</td>
<td>Church</td>
<td>Good Friday Solemn Liturgy of the Lord’s Passion</td>
</tr>
<tr>
<td>March 30</td>
<td>7:30 pm</td>
<td>Church</td>
<td>Good Friday Tenebrae Evening Prayer Service</td>
</tr>
<tr>
<td>March 31</td>
<td>8:00 pm</td>
<td>Church</td>
<td>Easter Vigil Mass</td>
</tr>
<tr>
<td>April 1</td>
<td>Church</td>
<td></td>
<td>Easter Sunday Masses: 7:00, 9:00, &amp; 11:15 am, 1:00 pm</td>
</tr>
</tbody>
</table>

### Lent Can Change Your Life

In fact, it’s meant to. Join us for 3 Sundays! Learn how choosing a meaningful Lenten penance can be easier and more profound than you think. We’ll use Fr. Mike Schmitz’ videos and Resisting Happiness as our starting points.

**Dates:** Sundays, Feb. 11, 18, 25  
**Time:** 10:00-11:00 a.m.  
**Place:** The Manse (O’Connor Library)  
**Registering is helpful, but don’t let that stop you! Contact Kathryn at 586-5675, ext 224, or Kathryn.McAlarney@dor.org.**
What’s coming up in Youth Ministry

The season of LENT starts this week. How will you spend these 40 days growing?

ASH WEDNESDAY—2/14
St. Louis Ash Wednesday Mass times that you can fit into your schedule:
5:15 PM & 7:00 PM
Post a picture on Instagram @stlouisym with #ashtag2018

Please pray for our four young leaders attending Foundations Catholic Leadership Retreat over February break.

Alli Best
Laura Kunz
Abby Paris
Ella Paris

The Sunday schedule until APRIL 8
February 18—NO SESSION/WINTER BREAK
February 25—SESSION (6-12)
March 4—SESSION (6-12), CONF II who attended retreat on 3/3 are excused.
March 11—SESSION (6-12), CONF II who attended retreat on 3/10 are excused.
March 18—SESSION (6-12)
March 25—SESSION (6-12)
April 1—NO SESSION/EASTER
April 8—NO SESSION/SPRING BREAK
Sharing Lent with children

Lent can be an opportunity to share the rich traditions of penance and piety we learned as children with our own families. For example:

Meatless Fridays. “Fridays in Lent meant dried-out fish sticks,” said Lisa. “We all hated them, which Mom said was the point. She said to offer our suffering to Jesus. I serve spaghetti on Fridays to my own family. It’s also a simple meal but it’s not fish sticks.”

Fasting. “Rather than give up one thing for Lent, we gave up something new each day,” Nora said. “At bedtime we would write on a sticky note what we gave up that day and tape it to the refrigerator. It was great fun to try to cover the fridge with sticky notes by Easter.”

Family Prayer. Paul remembered, “Lent usually came during basketball season so I would race home from practice to join my family for prayer. We took turns choosing how we prayed that night – the Rosary, Chaplet of Divine Mercy, Novenas. Sometimes it was the only time each day we gathered as a family.”

Favorite Devotions. “My favorite Lenten devotion is the Stations of the Cross,” said Jane. “Our parish hosts a meatless meal every Friday and we pray the Stations of the Cross right afterwards. I love sharing my favorite devotion with my own family.”

Why do Catholics make sacrifices during Lent?

Catholics make sacrifices during Lent to imitate Jesus’ 40 days of fasting in the desert. This was his period of purification and enlightenment before beginning his public ministry. Our sacrifices help us to avoid distractions that take our attention away from God.

As we fast from favorite foods, luxuries, or activities, the simplicity left in their absence encourages us to focus on God more deeply and identify how we have strayed from the path that will take us to him.
# Family Lent Calendar 2018

**February**

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>“Lent is the liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal Mystery (Easter Triduum). Lent is the primary penitential season in the Church’s liturgical year, reflecting the forty days Jesus spent in the desert fasting and praying.” <em>Catechism of the Catholic Church.</em></td>
<td>Ash Wednesday</td>
<td>Take your family to an Ash Wednesday liturgy and wear the cross of ashes all day.</td>
<td>15</td>
<td>Share a meatless family meal. Discuss your Lenten offerings to be sure all are doable and sacrificial.</td>
</tr>
<tr>
<td>18</td>
<td>Before Mass today, pick a saint represented in one of the statues in your church and find out more about him or her during Lent.</td>
<td>Choose a family Lenten offering, such as giving up desserts, attending daily Mass, or praying a daily family Rosary.</td>
<td>Place a crucifix or picture of Jesus in a central place to keep the focus on him.</td>
<td>Pick a friend or neighbor and perform an anonymous good deed for him or her.</td>
<td>Collect stuffed animals or soft pillows in good condition and bring them to a local nursing home. Older folks love soft things to hug.</td>
<td>24</td>
</tr>
<tr>
<td>25</td>
<td>After Mass today, explain the Gospel and the homily in terms your children can understand.</td>
<td>Think of someone you don’t like and say three nice things about him or her.</td>
<td>Whenever someone does a good deed, put a jelly bean in a jar. Share the jelly beans at Easter!</td>
<td>Send a card to someone who might need cheering today.</td>
<td>Pray for victims of violence and war in the world.</td>
<td>3</td>
</tr>
<tr>
<td>1</td>
<td>After Mass, light a candle, and recite the Apostle’s Creed as an affirmation of faith.</td>
<td>Take stock of how your Lenten fasts are going, and refresh your commitment to them.</td>
<td>Contact Catholic Relief Services (877-HELP-CRS, <a href="http://www.catholicrelief.org">www.catholicrelief.org</a>) to see how you can help any of their ongoing projects.</td>
<td>Encourage each family member to perform an examination of conscience.</td>
<td>Ask each person to share a game, toy, or treat with someone else in your home.</td>
<td>10</td>
</tr>
<tr>
<td>11</td>
<td>Lastre Sunday</td>
<td>Have a special meal at home or a restaurant to celebrate the halfway point through Lent.</td>
<td>Before eating your family meal together, ask each person to say a spontaneous prayer.</td>
<td>Make cookies and bring them to a nearby nursing home.</td>
<td>Ask each person to make a sacrificial offering, such as doing an extra chore without being asked.</td>
<td>16</td>
</tr>
<tr>
<td>18</td>
<td>Light a candle in church today for someone who passed away or who needs special help.</td>
<td>Say a short prayer before each cross or crucifix in your home.</td>
<td>Encourage all family members to refrain from bickering today.</td>
<td>Serve pretzels as a reminder that Catholics used to fast from milk, butter, eggs, cheese, cream, and meat.</td>
<td>At bedtime say, “Let’s turn our hearts to God and think of him.” Sit in silence together for a few minutes.</td>
<td>23</td>
</tr>
<tr>
<td>25</td>
<td>Palm Sunday</td>
<td>Have a Palm Sunday procession around the house and take turns playing Jesus.</td>
<td>Ask each family member to write a letter to Jesus thanking him for his sacrifice on the Cross.</td>
<td>Talk a walk outside and look for signs of new life.</td>
<td>Forgive someone who hurt you today.</td>
<td>31</td>
</tr>
<tr>
<td>30</td>
<td>Good Friday</td>
<td>Pray the Stations of the Cross today, and meditate on each one.</td>
<td>Wash and dry each other’s feet in commemoration of Jesus washing the feet of his Apostles.</td>
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<td>31</td>
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<tr>
<td>26</td>
<td>Palm Sunday</td>
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<td>31</td>
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</table>

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MENU

Cheese & Charcuterie Board
Chicken and Rice
Fr. Bob’s Roasted Tahitian Squash

DESSERT
Chocolate Ganache
Fresh Fruit Tart

Bistro Night!

This Saturday, February 17, 5:45 p.m.
Parish Meeting Hall
$12 per person – BYOB
Reservations Only Please
Payment Appreciated by February 13 Deadline.

If you would like to participate in the planning, please call Cathy Malik in the Ministry Center at 586-5675, ext. 228.

Please make reservations by calling Shannon or Sue at 586-5675, no later than Tuesday, 2/13/18.

Book Study:
There is still time to join!
Praying the Rosary Like Never Before: Encounter the Wonder of Heaven and Earth

When: Tuesdays
Time: 1:00-2:30 pm or 7:15-8:45 pm
Dates: Feb 13, 20, 27 March 6
Where: Parish Meeting Hall
Cost: $12 for the paperback (or bring your own)

Please register by contacting Kathryn at Kathryn.McAlarney@dor.org, online at stlouischurch.org, or by calling the ministry center at 586-5675.

YouTube Ash Wednesday!
Check out these videos on our Adult Formation page at stlouischurch.org/lent-0

Fr. Mike Schmitz explains how fasting on Ash Wednesday can be the best way to give your heart to God and start with a proper disposition this season of Lent. (6 minutes)

Ashes in the shape of the cross mean that in the midst of our sin, Jesus still claims us as his own. Check out this video by Fr. Mike Schmitz (8 minutes)

Dr. Brant Pitre gives insight into the Biblical foundation for Ash Wednesday, as well as the rationale and purpose of the season of Lent. (35 minutes)
PARISH STAFF DIRECTORY

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